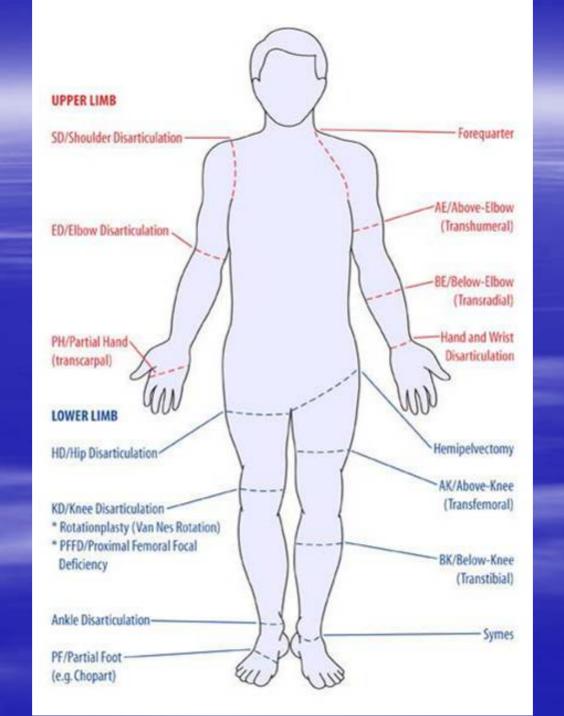
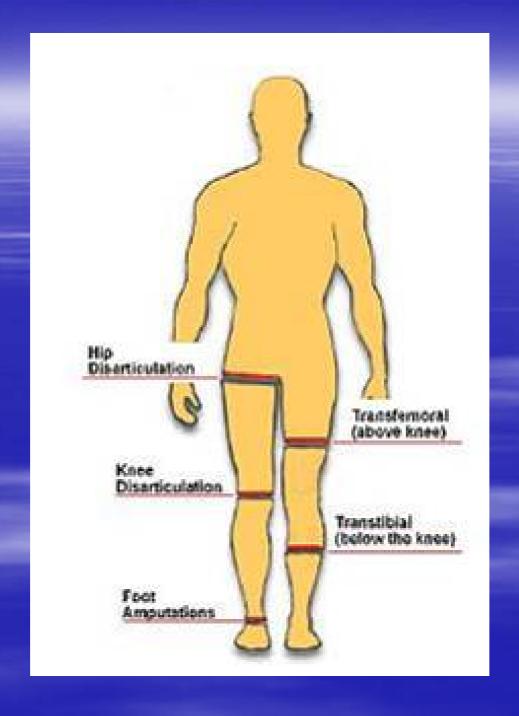
Amputation

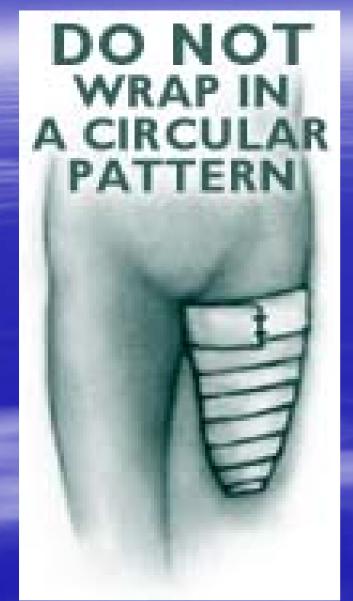
วรนุช เกียรติพงษ์ถาวร





การยกขาสูงหลังผ่าตัด







WRAPPING ABOVE KNEE always wrap in a "figure 8" pattern

If the elastic bandage slips or was not wrapped well the first time, unwrap it and wrap it again.

The elastic bandage needs to be changed every 4 to 6 hours, or more often if it becomes loose.





















WRAPPING BELOW KNEE always wrap in a "figure 8" pattern

If the elastic bandage slips or was not wrapped well the first time, unwrap it and wrap it again.

The elastic bandage needs to be changed every 4 to 6 hours, or more often if it becomes loose.



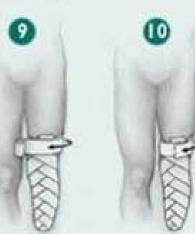
















การปฏิบัติตัวหญังตัดขา









PREVENTING CONTRACTURES

DO make sure that you have equal weight

po make sure that you have equal weight on both hips and your legs together when sitting. Sitting up straighton a firm chair will help you with this posture. DO keep your residual limb flat on the bed with your legs together when lying on your back.



DO lie on your stomach as much as you can to help steeth your hip joint.



DO NOT sit for long periods of time.

DO NOT rest your residual limb on crutch

DO NOT put pillows under your hips, knees or between your thighs.



DO NOT leave your knee bent for any length of time, either in bed or in your wheelchair.

